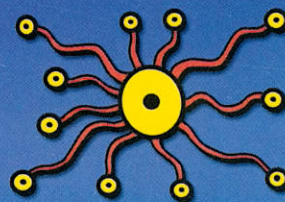
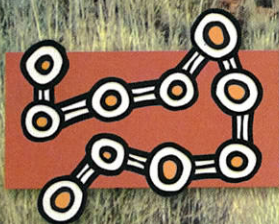




Nganampa Health Council



Annual Report 2006



*Celebrating 25 years
of Land Rights*

PHILOSOPHY

Nganampa Health Council anya ngaranya Anangu organisation

- Board of Managementangka nyinanyi Anangu Mayatja tjuṯa. Tjanampa waarka ngaranya kulintjaku policywanu, maniwanu munu waarkaringkupai tjuṯawanu munu tjananytu kulintja kulini
- Anangu Director munu Anangu clinic atunymangkupai tjuṯa, waarka tjanampangka waarkaringanyi. Anangu Communities tjuṯawanaku mukuringkuntja palyantjaku
- Specialists programs palyanangka Anangu coordinators, advisers munu malpa Tjuṯa waarkaringkuntjaku program nyanga paḷuḷa
- Anangu mayatja tjuṯa panya Board of Management angka nyinanyi, Piranpaku wangka kulira wantima munu Ananguku wangka kutju kulira ngurkantanyama

Nganampa Health Counciltu wirunmanyi waarkaringkupai tjuṯanya.

- Waarka kutjupa kutjupangka waarkaringkupai tjuṯa tjunguringanyi munu wangkanyi tjana kulintja
- Health programs tjuṯa panya yaaltji yaaltji kutjupa ngaranangka pakaltjunanyi munu panya rawangku manyakukatinyi
- Nganampa Health Councilanya mukuringanyi organisation kutjupanku ngurkantanykuntjaku thanampa waarka tjana wirura palyantja

Nganampa Health Council is an Aboriginal community-controlled organisation.

The Board of Management is Anangu. They make the key decisions about policy, resource allocation and staffing. The Director and all the clinic managers are Anangu. Their jobs include working closely with all Anangu in communities to make sure Nganampa Health Council is providing the services that Anangu want. Where specialist programs are implemented, Anangu are employed in various capacities (program coordinators, advisors and malpas). Whilst ensuring that key policy, staffing and resource allocation decisions are made by Anangu, the Board of Management recognises and values the important roles played by non-Anangu technical advisers in the delivery of health services.

Nganampa Health Council believes staff are its most important asset.

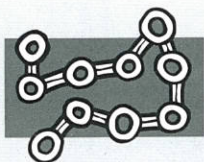
Various forums allow staff to have input in the strategic planning for health service delivery. Health programs are developed on the basis of need and are continually evaluated. Nganampa Health Council aims to be recognised as an efficient and effective provider of health services.

MISSION

Nganampa Health Counciltu nyangatjananya palyalku:

- Anangukungku kunpu pikawiya nyinantjaku
- Primary health serviceangu panya Anangu Pitjantjatjara Nguraritja tjuṯa wirura atunymangkuntjaku
- Clinical health care ungkuntjaku munu pulkura nintintjaku healthtjaraku
- Rawangku runamilantjiku health programs tjuṯa
- Lipulamilantjaku mani munu tjukutjukuntjaku costs
- Pulkara nyakuntjaku health care services tjuṯa munu programs tjuṯa kuulu
- Pulkara kulintjaku iwara manitjara tjuṯa munu pulkara helpamilantjaku communities tjuṯa, munu homeland tjuṯa kuulu
- Witu wituntjaku training palyantjaku munu staff panya ninti pulkaringkuntjaku healthtjaraku

Nganampa Health Council will improve the health status of Anangu; deliver a comprehensive primary health care service to residents of the Anangu Pitjantjatjara Lands; provide quality clinical health care and health education; run sustainable health programs; balance the budget and minimise costs; evaluate the health care services and programs; attempt to gain resources to meet the needs of all communities, including homelands; and encourage training and development of its staff.



The logo at the bottom of the front cover of this report was designed by Mr Frank Young and has been adopted as a new logo for Anangu Pitjantjatjara Yankunytjatjara. The logo represents the official coming together of all Anangu on the APY Lands. The ten circles represent the ten electorates for the Executive Board members that are elected for three-year terms under the APY Land Rights Act. Nganampa Health Council displays the APY logo on this year's report in acknowledgement of the 25th anniversary of the APY Land Rights Act. The anniversary was celebrated at Umuwa in October 2006. A collage of photos from those celebrations appears on page 25 of this report.

Nganampa Health Council Annual Report 2006

Photography by Stewart Roper,
Cyndi Cole, Vivien Hammond,
Karen Stokes, Chris Masters,
Sue Hawke and various other staff.

Acknowledgement

Thank you to all the staff who
contributed to this report
through articles, photos,
production and distribution.

Contact details

Nganampa Health Council
PO Box 2232
Alice Springs NT 0871

Phone

08 8952 5300

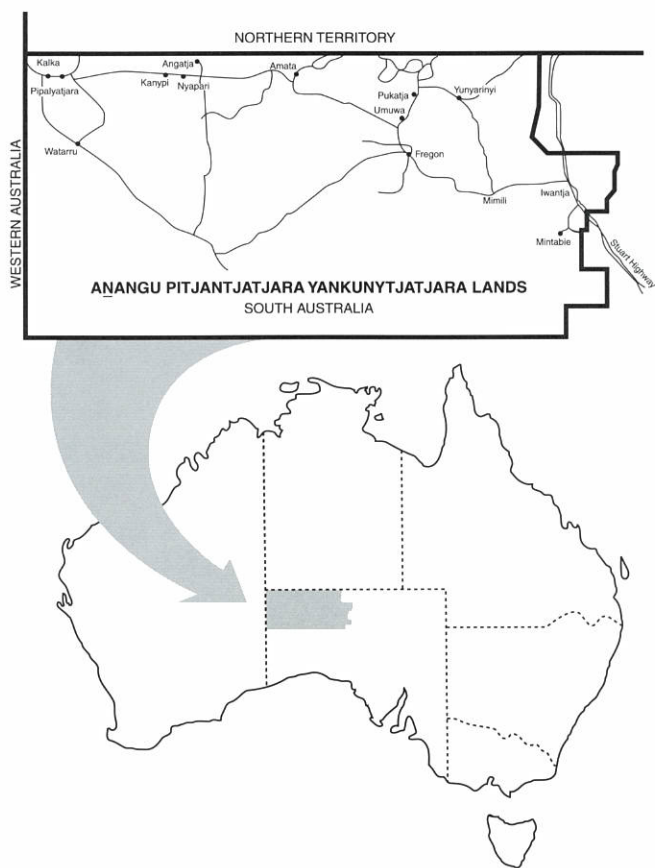
Fax

08 8952 2299

Website

www.nganampahealth.com.au

Design & Layout: Pauline Clack Designs
Printing: Asprint Print Group, Alice Springs



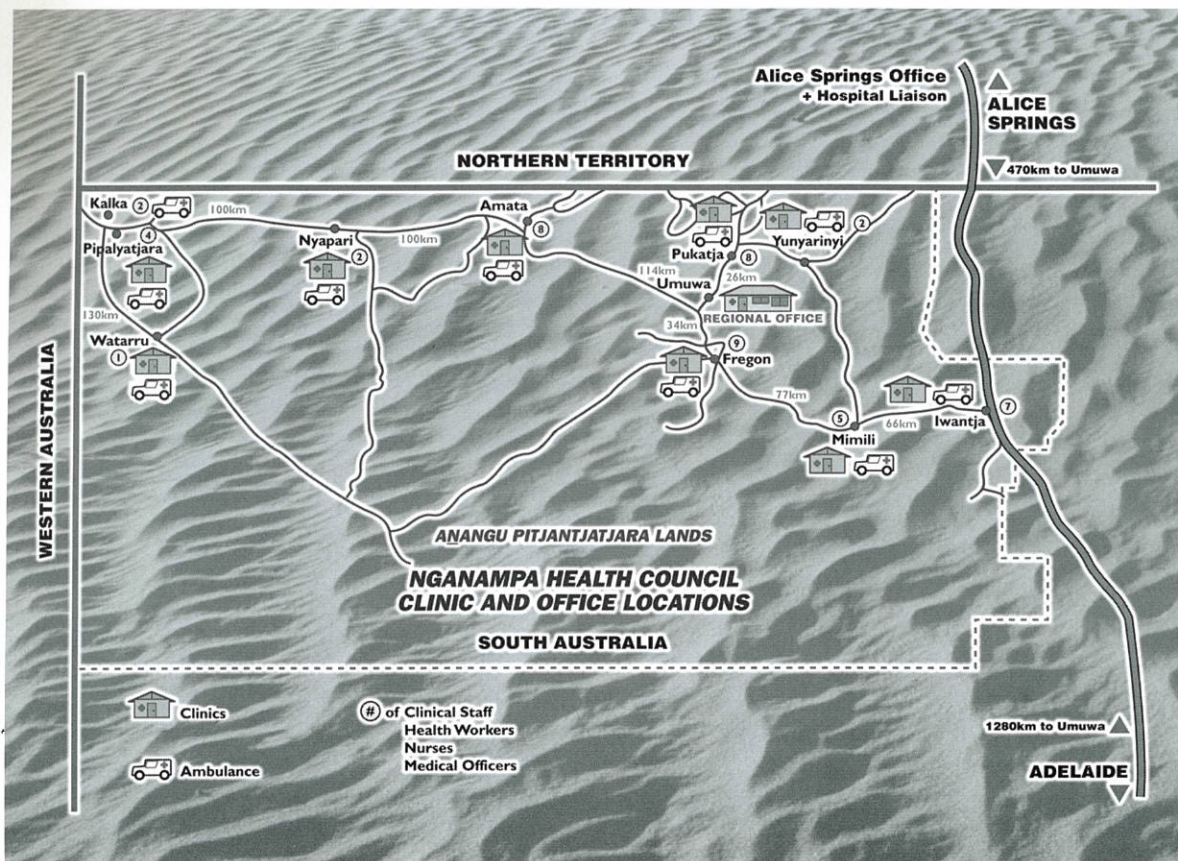
CONTENTS

| | |
|--|----|
| Introduction | 2 |
| Management report | 3 |
| Medical Director's report | 4 |
| Clinic Services | 5 |
| UPK – Public and Environmental Health | 6 |
| Child Health | 9 |
| Aged and Disability Care | 12 |
| Tjukurpa Minymaku: Women's Health | 14 |
| STI Control and HIV Prevention | 16 |
| Child Health - Nutrition Education and Support | 18 |
| Kindred Circus | 19 |
| Health Worker Training | 20 |
| Medical Specialist Visits | 21 |
| Cultural Orientation | 22 |
| Hospital Liaison & Projects Maintenance Coordination | 23 |
| Oral Health | 24 |
| Nganampa Manta Our Land Festival | 25 |
| Health Management Information System | 26 |
| Information Technology and Information Management | 28 |
| Risk Management | 29 |
| Finances | 30 |
| Resources | 36 |

INTRODUCTION

Nganampa Health Council is an Anangu community controlled health organisation providing comprehensive primary health care services to all the people living on the Anangu Pitjantjatjara Yankunytjatjara Lands, situated in the far northwest of South Australia. In addition to high quality twenty-four hour primary clinical care, the organisation delivers a range of public health and targeted program activity, including an aged and disability care program, a multi faceted environmental health program and an STI control program. Health worker training and support is a key activity. The health service has a sustained national reputation for best practice clinical services, leading edge collaborative program research and development and for the collection of outcome data as a basis for ongoing evaluation and further program development.

There are nine clinics. Six of these have resident nursing staff. An aged care respite centre is based at the Pukatja Community. The administrative centre is based at Umuwa and there is also an office in Alice Springs to house finance, supply and purchasing, payroll, mail services, data entry, and some program coordination.



Main clinics

Iwantja (Indulkana)
Mimili
Fregon
Pukatja (Ernabella)
Amata
Pipalyatjara

Smaller community clinics

Yunyarinyi (Kenmore)
Nyapari
Watarru

MANAGEMENT REPORT

John Singer, Jamie Nyaningu and John Wilson

This Annual Report showcases the impressive work of the Health Council's clinical, program and management teams over the past twelve months. The Health Council was the recipient of the Infanrix National Immunisation Award 2006, acknowledging the high quality of the Health Council's maternal and child health program work and indicative of the evidence based, best practice approach adopted by the Health Council across all program areas.

The Board has met monthly throughout the past year, making key appointments, overseeing the allocation of financial and human resources, fostering relationships with the wider network of health and social services providers on the Anangu Pitjantjatjara Yankunytjatjara (APY) Lands and, within the constraints of available resources, pursuing the organisation's strategic goals.

The Board recognises that the service delivery network on the APY Lands is expanding and becoming more complex, requiring a flexible and responsive approach at a Board and operational level. The Health Council wants to ensure that care systems are coordinated, and that its resources are deployed efficiently and in accordance with the priorities set out in the Health Council's strategic and business plans. The Health Council is committed to do its part to ensure that the various organisations delivering health and social services work well together, deliver effective services, enhance employment opportunities for Anangu, and make the best use of resources.

An increasingly mobile and diverse population provides significant challenges going forward for the Health Council in sustaining the delivery of effective population health programs. Workforce constraints, especially in the nursing arena, present ongoing challenges for human resources management and continuous quality improvement.

As in the past, the Health Council continues to drive the implementation of cutting edge regional public health programs that also have national significance. The implementation of the Mai Wiru Regional Stores Policy is a case in point and is an excellent example of the Health Council's capacity to engage in collaborative action research and community development. The Health Council acknowledges the strong ongoing support for the Mai Wiru program from Anangu Pitjantjatjara Yankunytjatjara Land Council and from Commonwealth and State governments and agencies.

Three new bush clinics were opened at Watarru, Nyapari and Yunyarinyi during the year, allowing for improved and regular visiting health services at those locations.

Chris Masters retired after twelve years with the Health Council, the last four of these as Health Services Manager. The Board wishes to acknowledge his important contribution over the years.

The Anangu Remote Health Alliance continued to meet quarterly during the past year, and undertook a highly successful governance training workshop in collaboration with the South Australian Aboriginal Health Council. Nganampa Health Council acknowledges the support and input from Country Health South Australia, OATSIH and the Aboriginal Health Council for this important initiative that enables the remote community controlled health services in South Australia to share information and expertise and promote integrated service delivery for clients.



Chris Masters' farewell

To further inform and educate the Board about alternative program responses to mental health challenges, Board members and management visited the innovative Tiwi mental health program. The Health Council extends its appreciation to the Tiwi health staff and management for their assistance with this visit.

At the time of writing, the Pukatja clinic has been destroyed by fire and the Health Council is busy ensuring that primary health care services at Pukatja are not unduly interrupted whilst planning a rebuilding program. The Board wishes to acknowledge the tremendous level of practical support in response to the fire offered and received from funding bodies, other agencies, the local Pukatja community and its officials, the staff group at Pukatja and other management and support staff in the organisation.

The Board acknowledges the support of the Commonwealth in the provision of additional staff housing during the past year at a number of communities. The provision of secure modern accommodation is vital for the recruitment and retention of professional health staff in remote areas.

The Board extends its appreciation to all staff for their contribution and commitment to the work of the Health Council over the past year.

MEDICAL DIRECTOR'S REPORT

Paul Torzillo

During the last 12 months the Health Council has continued with the task of maintaining a high level of achievement in our benchmark programs as well as developing new initiatives.

The most challenging project is the development of a region wide patient information management and recall system. Our Information Technology committee has steadily progressed this project with major contributions from Kerrie Gell (Senior Medical Officer), Vivien Hammond (Clinical Services Manager) and David Busuttil (Corporate Services Manager). The aim is to have a system that will comprehensively store and retrieve all our clinical and program data and allow clinic staff in all locations to access this information. This will have a multitude of benefits for us but in particular it will dramatically increase our potential to manage chronic disease among our adult population. In addition it will facilitate our ability to report on our programs to Government, staff, Health Committee and the population we serve. An early trial of this system has begun in one of our community clinics.

The Child Health Program has continued to deliver major health achievements. At the end of 2005 the Health Council achieved 100 per cent immunisation coverage for young children and our child health screening coverage remains extremely high. In conjunction with these achievements the Failure to Thrive project has achieved significant weight gain in the majority of children referred. As the newly appointed Women's Health Coordinator, Robyn Pitt has brought her significant experience both in midwifery and remote area nursing to the task of improving the health of Anangu women. She has particularly focused on support for clinic nursing staff and ensuring effective, timely antenatal care and health education with young ante nates. This work builds a bridge between good antenatal health and improving the infant caring skills of young mothers. Robyn has also overseen the delivery of our Young Women's Health curriculum that targets senior school age girls. Taken together, our antenatal, maternal and child health programs provide a powerful force for improving child and maternal health on the APY Lands.

Mental health issues are an increasingly important issue for our population and the Health Council. We have been fortunate that funding from the South Australian Government has allowed us to secure long term assistance from the Alice Springs mental health team who now have extensive experience of mental health issues in our region. In addition we continue to receive visiting Psychiatrist services from Dr Nigel Cord-Udy and Dr Maria Tomasic who are both based in Adelaide. These services will continue to have a high level of demand and will require long term government funding.

A new Men's Health Coordinator, Luke Baker, has been appointed this year. He will particularly focus on young and school-aged men and work closely with schools in delivering health promotion and health education services. The Health Council has developed a Young Men's Health package containing key health messages for this particular group. Luke will be working with male health staff and schools at several communities to deliver this package to senior boys of school age. Learning from past experience, the Men's Health Program will modify future visits to the Port Augusta Prison so as to provide an increasingly focused service for clients from the APY Lands.

Ernabella football carnival

